

# Patient Instruction Placemat

## How to prepare SOMAVERT

### 1st Step:

Take product and diluent and warm to room temperature for 10 minutes.

### 2nd Step:

Wash hands with soap and water.

### 3rd Step:

Gather the following items: **A**, **B**, **C**, and **D**.



One bottle of SOMAVERT (powder)



One bottle of diluent (sterile water for injection)



One 1-cc diluent syringe (the one with the larger needle)



One 1-cc insulin syringe for injection (the one with the smaller needle)

### You will also need:

- Alcohol or antiseptic swabs
- A proper disposal container for used needles

**Note:** Your bottle of diluent and syringes may look slightly different from those shown here.

**If you have questions, call your health care professional.**

**A health care professional should teach you how to mix and inject SOMAVERT.**

**A different site should be used each day for SOMAVERT injections. This can help to prevent skin problems such as lumpiness and soreness.**

**SOMAVERT**<sup>®</sup>  
(pegvisomant for injection)

*Please see the accompanying Patient Information for more detailed instructions*

## How to mix SOMAVERT

### Six steps to mix SOMAVERT

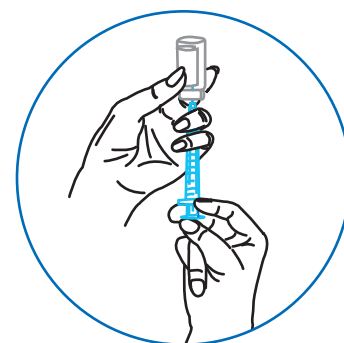
#### 1st Step:

Take the plastic caps off both bottles (**A** and **B**). Do not touch the bottle stoppers. If anything touches a bottle stopper, clean the stopper with an alcohol swab. Take the cap off the diluent syringe (**C**). Set the cap aside.



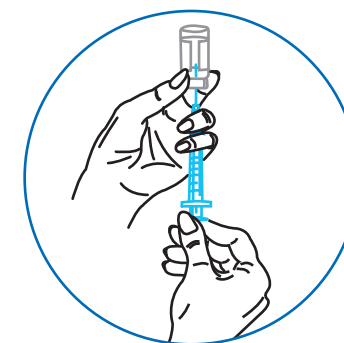
#### 2nd Step:

Pull the syringe plunger out to the 1-cc mark. With one hand, firmly hold the bottle of diluent. With the other hand, insert the needle deep into the diluent bottle (**B**), straight through the center of the stopper. Gently push the syringe plunger until air is injected into the bottle.



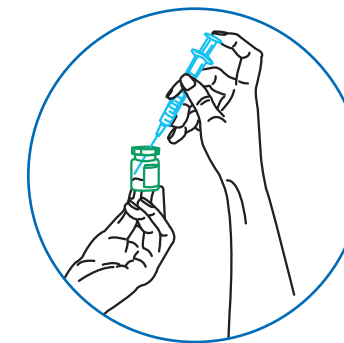
#### 3rd Step:

With the needle still deeply inserted in the bottle, carefully turn the bottle and syringe upside down. Bring them to eye level.



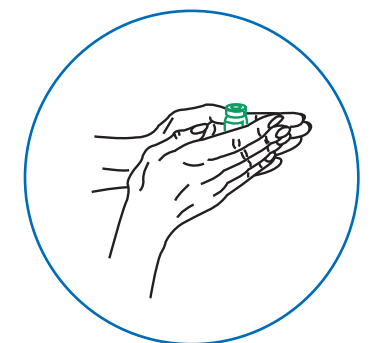
#### 4th Step:

Slowly pull the syringe plunger down to slightly past the 1-cc mark. If you see bubbles in the syringe, tap it until the bubbles rise to the top. Carefully press the syringe plunger up to push only the air bubbles back into the bottle. Make sure 1 cc of diluent is in the syringe, then pull the needle from the bottle. Do not use any leftover diluent.



#### 5th Step:

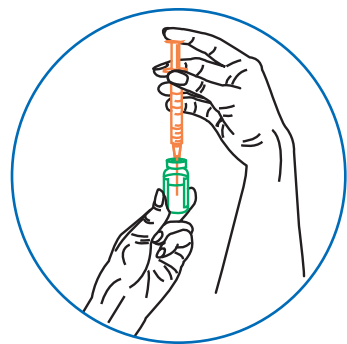
Insert the syringe needle through the center of the stopper of the SOMAVERT bottle (**A**). Tilt the syringe and gently inject all the water down the inner side of the bottle. Be sure diluent does not fall directly on powder. Recap the needle only if instructed to do so by your health care professional. Safely throw away the diluent bottle, syringe, and needle as directed by your health care professional.



#### 6th Step:

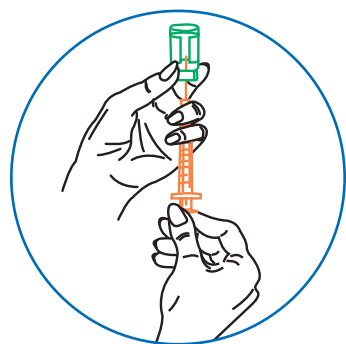
Gently roll the upright SOMAVERT bottle between your hands—**DO NOT SHAKE IT**. (The liquid should be clear after the powder dissolves. If the liquid is slightly cloudy or hazy, do not use it. Do not throw it away. Call the Pfizer Bridge Program<sup>®</sup> at 1-800-645-1280 and ask for a replacement bottle.) Inject SOMAVERT within 6 hours of mixing. **DO NOT USE IT after 6 hours**. Only one dose should be given from each bottle.

## Two steps to prepare the injection



### 1st Step:

Clean the stopper of the SOMAVERT bottle with an alcohol swab. Remove the cap from the insulin syringe (D). Pull the syringe plunger out to the 1-cc mark with one hand firmly holding the bottle. Push the needle straight through the center of the stopper. Gently push the syringe plunger until air is injected into bottle. Carefully turn the bottle and syringe upside down. Bring them to eye level.



### 2nd Step:

With thumb and two fingers, hold the neck of the bottle. With remaining fingers, hold the upper part of the syringe. With the other hand, slowly pull the syringe plunger out until the syringe holds all the liquid that was in the bottle (1 cc). If you see bubbles in the syringe, tap it until the bubbles rise to the top of the syringe. Then press the syringe plunger to push only the air back into the bottle. Check that 1 cc of SOMAVERT is still in the syringe, then pull the needle from the bottle. Recap the needle only if instructed to do so by your health care professional.

## Choosing an injection site

You will need to inject yourself in a different place each day. There are 2 ways to choose where to inject yourself:

- By choosing a **different body area** each day
- By using the same body area, but choosing a **different spot** each day

Body areas you can use for injection include:

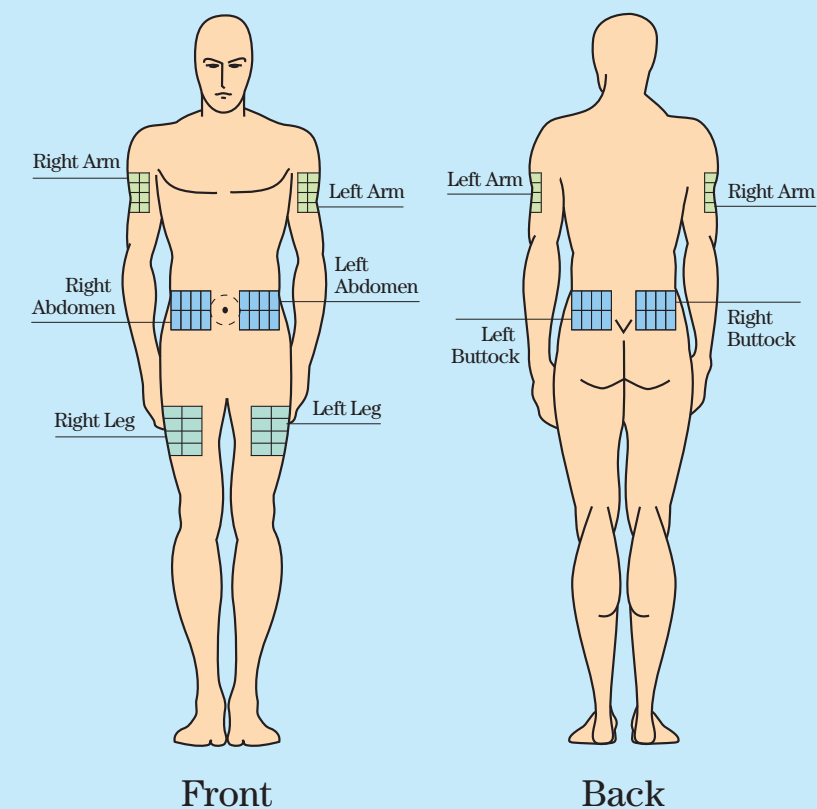
- Left and right arms
- Left and right abdomen
- Left and right buttocks
- Left and right legs

If you inject yourself in the same area each day, choose a **different spot** in that area each time. (The spots are shown as boxes in the picture.) Each spot must be at least 1 inch away from where you injected yourself the day before.

*Please see the accompanying Patient Information for more detailed instructions.*

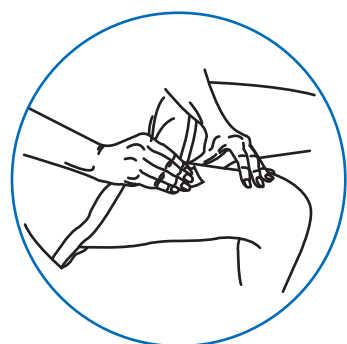
**A health care professional should teach you how to mix and inject SOMAVERT.**

### Possible Injection Sites



## How to inject SOMAVERT

## Six steps to give the injection



### 1st Step:

**Choose an injection site.** SOMAVERT is injected under the skin. Sites may include the upper arm, upper thigh, abdomen, and buttocks. Use a different area for each day's injection. Do not use an area with a rash or broken skin, or one that is bruised or lumpy.



### 2nd Step:

Prepare the injection-site area as your health care professional showed you. If you clean the site with an alcohol swab, allow the area to dry before injecting. Uncap the needle.



### 3rd Step:

Gently pinch up the skin at the injection site. Hold the needle straight up. In a single, smooth motion, push the needle straight down all the way into the skin.



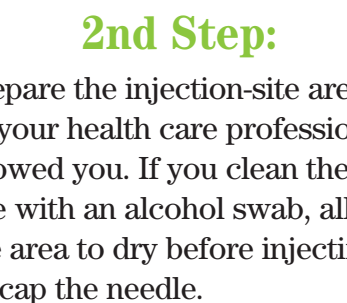
### 4th Step:

Keep the needle all the way in the skin. Slowly push the plunger down until the barrel is empty. Release the pinched skin and pull the needle straight out.



### 5th Step:

Do not rub the injection area. If there is blood, put a clean, dry cotton swab over the area, and press gently for 1 to 2 minutes, or until bleeding has stopped.



### 6th Step:

Safely throw away all needles and syringes as directed by your health care professional. (Be sure to follow your local health codes.)

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(pegvisomant for injection)